# Herbstwaldlauf (3. offener Vereinswaldlauf)
## Skiarena Rückershausen
## Sonntag, 11.10.2026

## O F F I Z I E L L E  E R G E B N I S L I S T E

Kampfgericht

DSV-Wettkampfbeauftragter:
Chef des Wettkampfes:
Streckenchef:
Trainer DSV:
Trainer LV:

Technische Daten

Streckenlängen: 400m/ 1000m/ 2000m/ 3000m/ 5km/ 10k
Höhenunterschied (HD):
Höchstanstieg (MM):
Gesamtsteigung (MT):
Langlauftechnik: Laufen, Nordic Walking

Wetter:
Temperatur Luft:
Temperatur Schnee:

| Rang | StNr | Name | Jg | Vbd | Verein | Laufzeit | Rückstand |
|---|---|---|---|---|---|---|---|
| **Bambini-w, 0.4 km** | | | | | | | |
| 1 | 8 | WEYAND Milla | 20 | | SC Rückershausen | 2:05 | |
| 2 | 1 | GRÄBENER Lia | 21 | | SV Germania Salchendorf | 2:08 | 3 |
| 3 | 7 | SAßMANN Laura | 20 | | SC Rückershausen | 2:16 | 11 |
| 4 | 6 | RICHTER Lilli | 22 | | SC Rückershausen | 2:46 | 41 |
| 5 | 3 | HAßLER Elina | 23 | | SC Rückershausen | 4:01 | 1:56 |
| 5 | 5 | HAßLER-LESSING Lia | 24 | | SC Rückershausen | 4:01 | 1:56 |
| 7 | 4 | HAßLER-LESSING Emily | 21 | | SC Rückershausen | 5:10 | 3:05 |
| 8 | 2 | HAßLER Hedda Feline | 23 | | SC Rückershausen | 8:01 | 5:56 |
| **Bambini-m, 0.4 km** | | | | | | | |
| 1 | 10 | FINGER Leonard | 20 | | VfL Bad Berleburg | 1:55 | |
| 2 | 9 | FINGER Ferdinand | 22 | | VfL Bad Berleburg | 2:53 | 58 |
| **Schülerinnen (1000m), 1 km** | | | | | | | |
| 1 | 19 | WEYAND Liss | 17 | | SC Rückershausen | 4:59 | |
| 2 | 18 | SAßMANN Lena | 17 | | SC Rückershausen | 6:06 | 1:07 |
| 3 | 16 | JOENKE Tessa | 19 | | SC Rückershausen | 6:26 | 1:27 |
| 4 | 17 | KNOCHE Letizia | 17 | | SC Rückershausen | 6:43 | 1:44 |
| **Schüler (1000m), 1 km** | | | | | | | |
| 1 | 22 | GRÄBENER Tom | 17 | | SV Germania Salchendorf | 4:52 | |
| 2 | 20 | BARAKAT Yunis | 19 | | TV08 Feudingen | 5:18 | 26 |
| 3 | 23 | RICHTER Linus | 19 | | SC Rückershausen | 5:19 | 27 |
| 4 | 21 | BARAKAT Amir | 19 | | TV08 Feudingen | 5:41 | 49 |
| **Schülerinnen (2000m), 2 km** | | | | | | | |
| 1 | 27 | BUNK Fiona | 14 | | TV08 Feudingen | 16:41 | |

| Rang | StNr | Name | Jg | Vbd | Verein | Laufzeit | Rückstand |
|---|---|---|---|---|---|---|---|
| **Schüler (2000m), 2 km** | | | | | | | |
| 1 | 28 | BARAKAT Yassin | 15 | | TV08 Feudingen | 9:27 | |
| 2 | 29 | BEGIC Jano | 15 | | KTV Obere Lahn | 10:32 | 1:05 |
| 3 | 30 | JOENKE Noah | 14 | | SC Rückershausen | 11:20 | 1:53 |
| **Schülerinnen (3000m), 3 km** | | | | | | | |
| 1 | 34 | BARAKAT Sheereen | 12 | | TV08 Feudingen | 13:20 | |
| 2 | 36 | KNOCHE Emma | 13 | | SC Rückershausen | 16:48 | 3:28 |
| 3 | 35 | JOENKE Tabea | 11 | | SC Rückershausen | 20:25 | 7:05 |
| **Damen (5km), 5 km** | | | | | | | |
| 1 | 42 | FINGER Kathrin | 89 | | VfL Bad Berleburg | 24:06 | |
| 2 | 41 | BEGIC Janina | 90 | | | 33:22 | 9:16 |
| 3 | 44 | ROTH Vanessa | 91 | | Espetersport | 33:56 | 9:50 |
| 4 | 43 | LENZ Insa | 84 | | Espetersport | 34:00 | 9:54 |
| **w-Jugend (5km), 5 km** | | | | | | | |
| 1 | 45 | BEGIC Mila | 12 | | TV Laasphe | 27:12 | |
| 2 | 47 | ROTHENPIELER Judith | 09 | | TV08 Feudingen | 27:28 | 16 |
| 3 | 46 | JOENKE Christine | 08 | | SC Rückershausen | 32:21 | 5:09 |
| **Herren (5km), 5 km** | | | | | | | |
| 1 | 48 | NGUYEN THANH Ralf | 84 | | Espetersport | 27:27 | |
| 2 | 49 | SCHNEIDER Jürgen | 75 | | TV08 Feudingen | 30:06 | 2:39 |
| **m-Jugend (5km), 5 km** | | | | | | | |
| 1 | 50 | ROTH Lennart | 08 | | SC Rückershausen | 20:43 | |
| **w-Jugend/Damen (10km), 10.0 km** | | | | | | | |
| 1 | 61 | WAGENER Conny | 56 | | Espetersport | 47:47 | |
| **m-Jugend/Herren (10km), 10.0 km** | | | | | | | |
| 1 | 65 | SCHOLZ Malte | 91 | | Espetersport | 35:01 | |
| 2 | 62 | BEGIC Josip | 81 | | Triflow Bad Endbach | 44:10 | 9:09 |
| 3 | 63 | FRANK Bernd | 63 | | SC Rückershausen | 47:46 | 12:45 |
| 4 | 64 | SCHLABACH Ricardo | 92 | | SC Rückershausen | 54:37 | 19:36 |
| **Damen Walking (5km), 5 km** | | | | | | | |
| 1 | 72 | WIED Iris | 73 | | SC Rückershausen | 39:39 | |
| 2 | 71 | HAßLER Petra | 62 | | SC Rückershausen | 45:09 | 5:30 |
| **Herren Walking (5km), 5 km** | | | | | | | |
| 1 | 73 | IMHOF Friedhelm | 61 | | SC Rückershausen | 38:21 | |
| 2 | 76 | ULRICH Alexander | 81 | | SC Rückershausen | 38:59 | 38 |
| 3 | 74 | ROTH Hartmut | 62 | | SC Rückershausen | 41:32 | 3:11 |
| 4 | 75 | SCHLABACH Gustav | 58 | | SC Rückershausen | 42:06 | 3:45 |

Aus dem Kampfrichterprotokoll

Gemeldet: 47
In der Wertung: 46

Für die Richtigkeit: _____

(Hermine Joenke)