

# TelemarksVeka

FIS ROLLER SKI WORLD CUP 2022



SpareBank 1  
SØRØST-NORGE



NOTODDEN  
ENERGI

NORWAY



## Welcome to TelemarksVeka and FIS Roller Ski World Cup 24. - 26. June 2022!

**June 24, Interval F, 10/15k:**

Notodden Energi Arena, Grønkjær, as part of Notodden Energi Rennet

**June 25, Sprint F, 1,4k:**

Bø Sentrum, Bø, as part of Sommarlandssprinten

**June 26, Masstart C, 25/50k:**

Lunde sentrum, Lunde, as part of Kanalrennet

## FIS ROLLERSKI WORLD CUP 2022

# TelemarksVeka

Notodden, Bø and Lunde, Norway June 23rd-26th 2022

On behalf of The Norwegian Ski Federation and TelemarksVeka, we are pleased to invite you to the FIS Roller Ski World Cup in Notodden, Bø and Lunde in Telemark, Norway. Please find below all basic details about the place, dates, schedule, arrival, etc

### Organizing Committee

The Norwegian Ski Federation and TelemarksVeka

Address: Kyrkjevegen 6, 3800 Bø

Web page: [TelemarksVeka](https://telemarkveka.no)

### General Program

Date	Format	Distance	Remarks
Fri, 24th June	Interval F	10 km Women 15 km Men  7 km Women J 10 km Men J	
Sat, 25th June	Sprint F	1400 m	
Sun, 26th June	Mass start C	25 km Women 50 km Men  25 km Women J 25 km Men J	

### Entry

Attention! Entry must be done using [FIS Online Entry System](#), the same as with CC WorldCup. Please, contact your National Ski Federation to make an entry!

If there are any questions regarding the FIS entry system, please contact Josephine Aschhoff by [aschhoff@fis-ski.com](mailto:aschhoff@fis-ski.com)

**! Entering the participation, under the section EXTRAS: More needs – ski binding information (SNS Pilot / NNN) must be indicated for each athlete.**

Address	Deadline
Preliminary entry	MAY 25 <sup>th</sup> , 2022
Entry	JUNE 14 <sup>th</sup> , 2022

*\* Preliminary entry is mandatory for international athletes due to the accommodation planning process! Without completing the Preliminary entry, it will not be possible to do the Entry. For Norwegian athletes it will be possible to sign up in EQtiming within 18<sup>th</sup> June 2022.*

## Logistical Information

### Accommodation

Accommodation EUR 215 per person for the entire stay, from **Wednesday June 22<sup>nd</sup> until Sunday June 26<sup>th</sup>** in single room in Bø University Campus.

The price for the accommodation will be the same for the whole stay, regardless of whether you arrive on Wednesday or Thursday.

Athletes, Coaches and Team Officials will be hosted in student housing/apartments in Bø.

All the accommodations will have kitchens facilities. In the fee there is no meals included. The Teams can either shop their own food in supermarkets in Bø or buy food packages, lunch, and dinner.

**More details and booking link regarding accommodation and meals options will follow in an updated invitation during the spring.**

Contact us for more information: [anne@telemarksveka.no](mailto:anne@telemarksveka.no).

Book your accommodation before JUNE 14<sup>th</sup>, 2022.

Cost free cancellation can be made before JUNE 14<sup>th</sup>, 2022

Location of accommodation:

#### **Griiv University Campus:**

Griiv is located east of the town centre, a 1 km walk from the city centre of Bø.

When Griiv is fully booked, we will open for bookings at Breisås.

#### **Breisås University Campus:**

The student accommodation is located 1.5 km from the city centre of Bø.



## Transportation

Teams arriving or leaving by plane will be offered 1 free of charge transfer per team from Oslo Airport Gardermoen (OSL) to the venue and one from the venue to the airport by convenient bus or train connections. Oslo Airport Gardermoen is about 2,5 hours by car/train from Bø. Teams are responsible for their own booking transportation. More details regarding transportation will follow in an updated invitation during the spring.

Contact us for more information: [anne@telemarksveka.no](mailto:anne@telemarksveka.no).

## VISA

Regarding VISA application, more information can be found on the [UDIs webpage](#). Take into consideration that the procedure may take a while.

## Competition Officials

Official	Name	Email
Chief of Organizing Committee	Tormod Hynne	tormod@telemarksveka.no
Chief of Notodden Energi Word Cup	Håkon Engstu	hakon.engstu@usn.no
Chief of Sommarlandsprinten Word Cup	Andre Horgen	andre.horgen@usn.no
Chief of Kanalrennet Word Cup	Terje Mognes	terje.mognes@gmail.com
Competition Secretary	Anne Humlebrekke	anne@telemarksveka.no
Chief of Course Notodden Energi World Cup	Øivind Larsen	oivind.larsen@veidekke.no
Chief of Course Sommarlandsprinten World Cup	Terje Wold	terje53@outlook.com
Chief of Course Kanalrennet World Cup	Terje Mognes	terje.mognes@gmail.com
Chief of Time keeping and Dataprocessing	Bjarte Dyngjeland	bjarte.dyngjeland@eqtiming.com
Chief of Medical Service	The Norwegian Red Cross	
Assistant to Chief of MedicalService	The Norwegian Red Cross assistant	
Chief of Control and Competitionsecurity	Tormod Hynne	tormod@telemarksveka.no

## Jury

Role	Name	Nation
FIS Technical Delegate	Erik Björelind	SWE
Chief of Competition Notodden Energi World Cup	Håkon Engstu	NOR
Chief of Competition Sommarlandsprinten World Cup	Andre Horgen	NOR
Chief of Competition Kanalrennet Wold Cup	Terje Mognes	NOR
National TD Assistant	TBA	
FIS Rollerski Coordinator	Martins Niklass	LAT

## TCM

Date	Place
Thu, 23rd June, 18:00	Team Captains meeting ONLINE (link in the group)
Sat, 25th June, 21:00	Team Captains meeting ONLINE (link in the group)

*This is a temporary schedule, and we will return with a final schedule during the spring.*

## Day 1 Thu, 23rd June – Welcome Day

Time	
09:00 – 14:00	Race Office open at Notodden Energi Arena Grønkjær
10:00 – 13:00	Unofficial training at Notodden Energi Arena Grønkjær
18:00	Team Captains meeting ONLINE (link in the group)

## Day 2 Fri, 24th June – Interval F – Notodden Energi Arena Grønkjær

*(Race with roller skis provided by IDT ROLLER SKI)*

Time	
08:00 – 21:00	Race Office open at Notodden Energi Arena Grønkjær
09:00 – 12:00	Official training at Notodden Energi Arena Grønkjær
TBA	Distribution of IDT Skate Gold RM2 (must be returned after)
Approx. 13:00	Junior Women 7 km
5 min after race	Prize giving ceremony
Approx. 14:00	Junior Men 10 km
5 min after SM Race	Prize giving ceremony

Approx. 16:00	Senior Women 10 km
5 min after SM Race	Prize giving ceremony
Approx. 18:00	Senior Men 15 km
5 min after SM Race	Prize giving ceremony

### Day 3 Sat, 25th June – Sprint F 1400m

*(Race with roller skis provided by IDT ROLLER SKI)*

Time	
09:00 – 19:00	Race Office open in Bø city centre
Approx. 09:00	Distribution of IDT Skate Gold RM2 (must be returned after)
09:20 – 09:50	Official training junior for Sprint start F at Bø city centre
Approx. 10:00	Sprint Qualification JW (interval 15 s)
Approx. 10:30	Sprint Qualification JM (interval 15 s)
12:00-14:00	Sprint quarterfinals, semi-finals, and finals JW, JM
5 min after SM Race	Official Prize giving ceremony Junior
14:00-14:45	Official training senior for Sprint start F at Bø city centre
Approx. 15:00	Sprint Qualification SW (interval 15 s)
Approx. 15:30	Sprint Qualification SM (interval 15 s)
16:30-18:30	Sprint quarterfinals, semi-finals and finals SW, SM
Approx. 18:20	Finals: JW, SW, JM, SM
5 min after SM Race	Official Prize giving ceremony
21:00	Team Captains meeting ONLINE (link in the group)

### Day 4 Sun, 26th June – Mass start C

*(Race with roller skis provided by IDT ROLLER SKI)*

Time	
09:00 – 16:00	Race Office open in Lunde City centre
<b>TBA</b>	Distribution of IDT Classic RM3 (must be returned after the race)
Approx. 10:30	Junior Men 25 km
Approx. 10:40	Junior Women, 25 km
12:00	Official Prize giving ceremony Junior
Approx. 12:50	Senior Women 25 km
Approx. 13:00	Senior Men 50 km (2 x 25 km)
15:00	Official Prize giving ceremony Senior

**! Athletes must return roller skis immediately after the finish**

Additional Race Info:

**Athletes receive individual transponders at each race.** According to ICR 343.5 Competitors must wear/use all the means of identification (bibs, leg bibs, transponders, GPS...) provided by the organizer.

Transponders must be returned to the Race Office after each race.

In case of losing bib or transponder, the competitor must pay a fee to the OC (20€ for a bib, 70€ for a transponder).

**Race Office Opening times**

There will be race office located at each race destination.

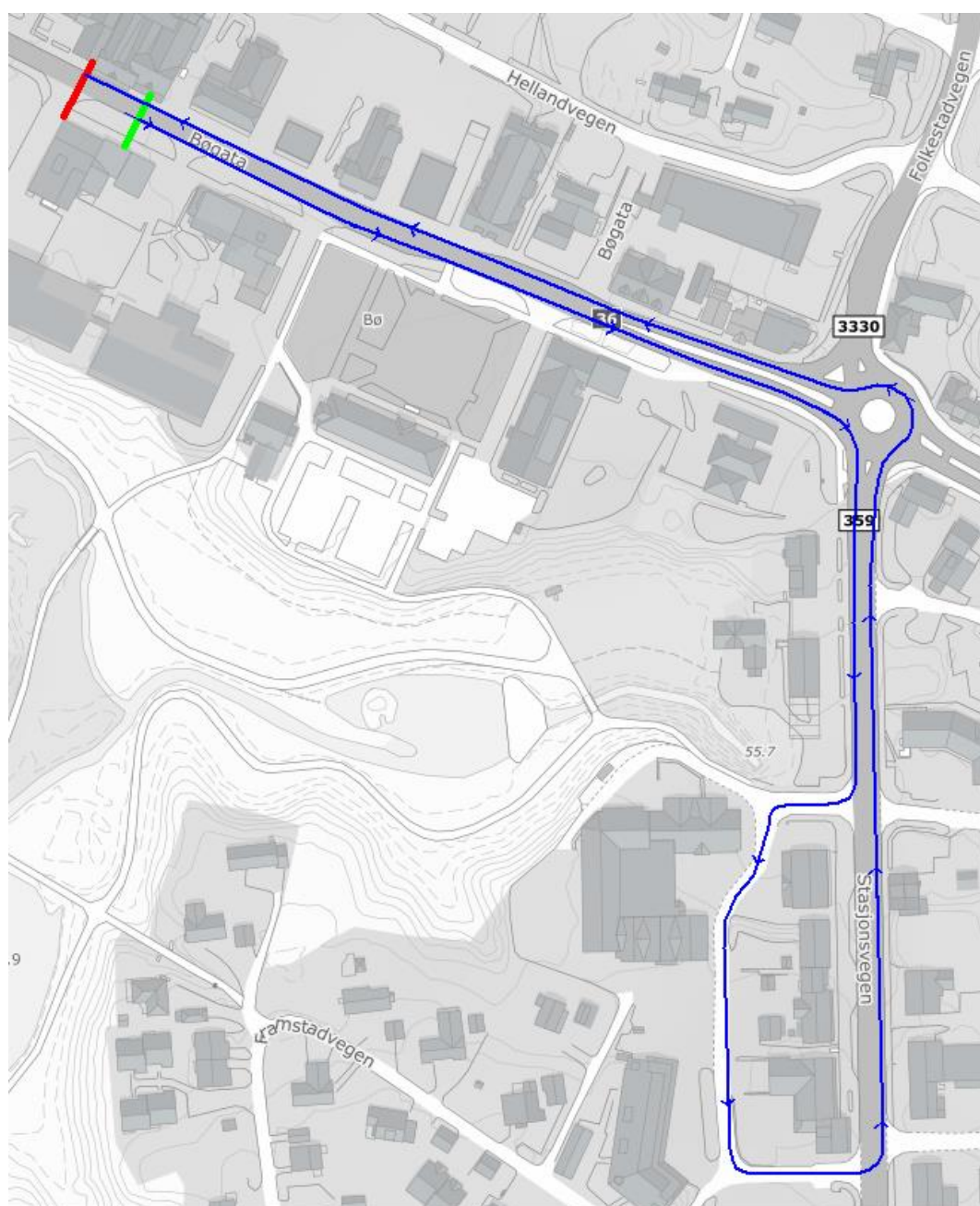
Office	Location	Opening times
Race office	Notodden Energi Arena Grønkjær: <a href="https://www.gski.no/59.55229775092169,9.115092169688003">59.55229775092169, 9.115092169688003</a> Tel. +47 970 38 621 <a href="https://www.gski.no/Notodden-Energi-Arena-Grønkjær">Notodden Energi Arena Grønkjær (gski.no)</a>	Thursday 09:00 - 14:00 Friday 08:00 - 21:00
Race office	In Bø city centre Coordinates: <a href="https://www.gski.no/59.41309002409527,9.066111340846776">59.41309002409527, 9.066111340846776</a> Tel. +47 995 72 791	Saturday 09:00 - 19:00
Race office	In Lunde city centre Coordinates: <a href="https://www.gski.no/59.300178597011,9.10914181200654">59.300178597011, 9.10914181200654</a> Tel. +47 915 80 007	Sunday <b>TBA</b>



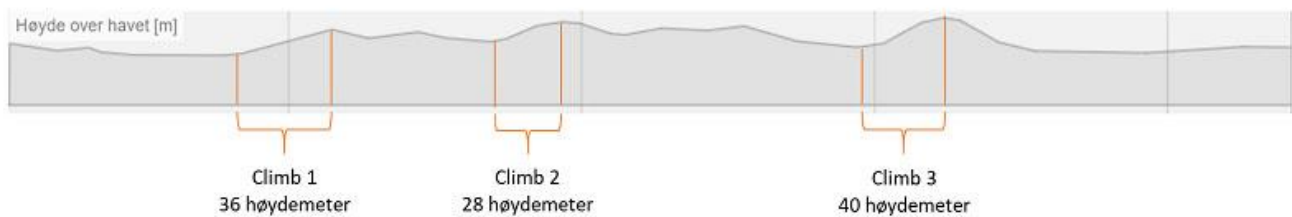
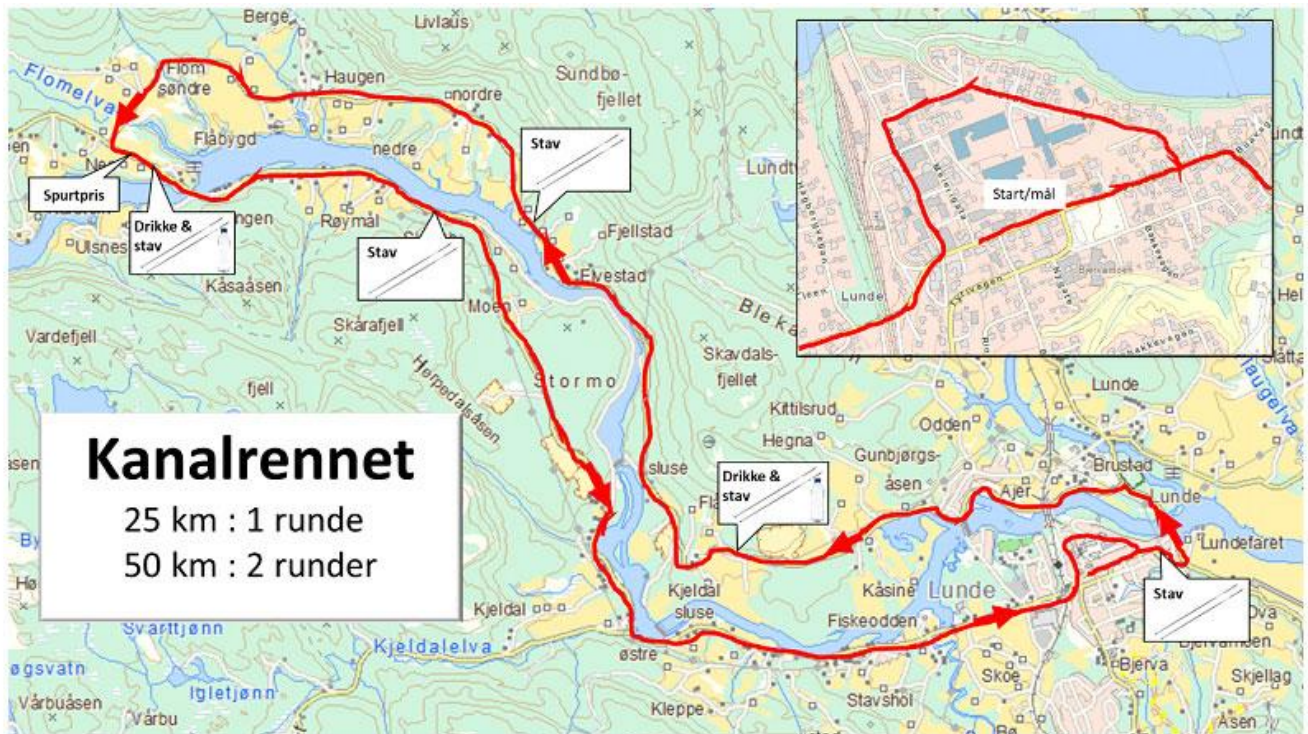
Course maps and data  
INTERVAL F RACE - Notodden Energi Grønkjær Arena



## SPRINT COURSE 1400 m - In Bø city centre



## MASS START COURSE Kanalrennet Lunde





## Further information

World Cup prize money for each category/day women and men:

Place	Prize money per day (EUR)	Prize money per day (EUR)
	Senior men	Senior women
1 <sup>st</sup> place	1600	1600
2 <sup>nd</sup> place	800	800
3 <sup>rd</sup> place	400	400

### Competition rules

- [FIS Roller ski World Cup and World Championships Rules](#)
- [International Competition Rules \(ICR\) Cross Country](#)
- [International Competition Rules \(ICR\) Roller Skiing](#)
- Juniors must be 2003 – 2007 years of birth. Competitor must have reached his 16<sup>th</sup> birthday before the end of calendar year. Seniors are from year 2002 and older.
- [Guidelines for Roller ski Equipment Specification and Control](#)
- Sprint Finals will be organized starting with 1/4 finals with top 30 from qualification and with 6 athletes in a heat.

### Rollerski equipment

- **For Individual Interval F competition** OC will provide **skate roller skis**  
*Model: IDT Skate Gold RM2*  
*Wheels – speed 2*
- **For Sprint F 1400 m competition** OC will provide **skate roller skis**  
*Model: IDT Skate Gold RM2*  
*Wheels – speed 2*
- **For Distance Mass start Classic competition** OC will provide **classical roller skis**.  
*Model: IDT Classic RM3*  
*Wheels – wheel speed 3*
- All roller skis and wheels will be marked. Athlete or team are not allowed to make any adjustments of skis or wheels including lubrication. Roller skis must be returned after the race.
- Technical sponsor: IDT SOLUTION AS (Norway). Contact Morten.iversbakken@idt.no phone +47 908 77 752.  
[IDT Sports web page](#)

### Additional information

- All three senior races will be broadcasted on Norwegian television, channel TV2 and live streamed on the [FIS official You Tube channel](#).
- PDF results, pictures and more info will be available at the [TelemarksVeka web page](#).
- Live updates on [EQtiming](#)

**Data protection:** Personal details given upon WC ROL registration will only be used for the race database and will not be given out to third parties.

**Image rights:** By entering the competition, participants allow the organizing committee, its partners and media in general, to use images in which he/she appears, taken on the occasion of his/her participation in the competition, on any media including:

*promotional and/or advertising documents, all over the world and for the longest statutory duration.*

## Specifications - Rollerskis from IDT

### Classic:

- MODEL **IDT Classic RM3**
- WEIGHT 1062g
- DIMENSIONS 750 mm
- WHEEL WIDTH 50 mm
- WHEEL DIAMETER 68 mm



- Colors are subject to change.

### Skate:

- MODEL **IDT Skate Gold RM2**
- WEIGHT 804 g
- DIMENSIONS 640 mm
- WHEEL WIDTH 24 mm
- WHEEL DIAMETER 100 mm



- Colors are subject to change.



**COVID-19 RULES:**

Norway currently has no national COVID-19 restrictions. There are no requirements for testing, quarantine, or registration upon arrival in Norway.



## Free-time activities in Telemark:

**Bø Sommarland** - Scandinavia's largest water park <https://www.sommarland.no/?lang=en>

Opening hours: Monday to Friday and Sunday: 10.00-17.00, Saturday: 10.00-18.00.

**Høyt og lavt, Bø in Telemark. Climbing Park** -Experience the world from the tree tops

<https://hoytlavt.no/bo/en/> Opening hours: Every day: 10.00-18.30

**Telemark Canal, The fairytale waterway.** <https://www.telemarkcanal.com/>

**Tourism in Telemark:** [Visit Bø \(visitbo.no\)](https://visitbo.no) (no, en)